

LIGHTBEARERS

Embracing Divinity –

A Journey of Remembrance & Healing

This is a 1 to 3-year journey for established executive coaches, life coaches and relationship coaches to become transformative healers, to contribute to the work of expanding Light & Truth for humanity's collective healing.

It requires deep personal ownership and commitment for inner transformation. It does not provide a fixed format set of skills transfer. It is designed to unlock personal gifts and enable an expansion of consciousness. It paves the way for one to tap into a wider set of intelligences available to every human being beyond the ego and cognitive self, if one chooses. There will be miracles and breakthroughs beyond one's imagination, enabled by one's Intention, Curiosity and Willingness to shatter conditioned beliefs, narratives and break free from false ego identities in order to access the deepest divinity and Highest Self.

The coach will learn to tap into her/his own inner wisdom, creativity and gifts to elevate their work and expression in the world.

There will also be techniques imparted along this journey, intended to expand and sharpen a coach's toolbox in working with others towards healing. Candidates will also be encouraged to discover their own tools and to integrate their learning with their own special gifts.

LIGHTBEARERS

Program consists of the following 6 parts:

1A	Approaching and Accessing the Emotional Being – Theory The OPIJ framework - learn and master the differentiation between Observations, Feelings, Perceptions and Opinions.
1B	Coach & Client Preparation Getting the self ready, getting client ready. How to design homework and questions. Different types of journaling and their functions.
2A-D	Original Wounds & Themes Exploring and understanding the themes of Core Wounds, their origins and mechanics. Minimally to complete 4 themes before Part 3A. (10 themes have been identified so far and themes will be selected based on what emerges for healing within each candidate.)
3A	Precision Inquiry Learn how to spot material for inquiry. How to be an effective mirror to facilitate client's illumination. How to be precise and incisive in diagnosing root issues for addressing & healing. Understand readiness and assessing timing for approaching.
3B	Observation & Illumination How to spot client's default responses and bring to awareness. How to notice the subconscious to sense and release blockages. How to create an effective holding space.
3C	Sabotage Cycles & Reprogramming Learn how to illuminate client's self-sabotage cycles, how to reprogram. Learn principles of designing homework to rehabilitate new response cycle within client.
4	Healing & Reconciliation Understand the mechanics and principles of healing. Learn how to design homework to facilitate healing.
5	Deepening Faith Understand the principles and mechanics of unlocking "Flow". Experiencing being in Flow. What are "Miracles".
6	Understanding Manifestation Learn the principles of Manifestation, common misconceptions and pitfalls, how to spot them and bring to client's awareness.

LIGHTBEARERS

Mastery of healing requires that one first heals before we can effectively heal others. Hence the journey requires selfwork as a pre-condition. There are pre-requisites for each part before progressing to the next. This is to ensure that the healer fully integrates and lives her/his lessons effectively and attains the required level of spiritual and emotional maturity before proceeding to guide others, often on unknown terrains of the heart, soul and spirit.

The pre-requisites for each part are as listed below:

Part	Title	Prerequisite
1A	Approaching and Accessing the Emotional Being - Theory	Minimum 3-8 sessions of personal Selfwork, readiness assessed by Master Coach.
1B	Coach & Client Preparation	Minimum 1 year of coaching experience.
2A-D	Original Wounds & Themes	Minimum 8 sessions of personal Selfwork. Readiness to be determined by Master Coach.
3A	Effective Inquiry	Parts 1 and 2.
3B	Observation & Illumination	
3C	Sabotage Cycles & Reprogramming	
4	Healing & Reconciliation	Parts 1 to 3.
5	Deepening Faith	Parts 1 to 4.
6	Understanding Manifestation	Parts 1 to 5.

The entire program will consist of 19 class hours, not including personal selfwork sessions which are 1.5 hours each. Homework will be interwoven during the journey for day-to-day application.

LIGHTBEARERS

A dedication to carve out time and space for slowing down, contemplation and to incorporate mindfulness practices into one's life on a regular basis is essential. It is not mutually exclusive from the pursuit of other endeavors in life. The beauty of selfwork and healing is the opening up of possibilities - of many things happening at once with little stress and with maximum ease.

The program may be completed at an INTENSE/ACCELERATED pace within 12 months (following period of selfwork), or at a gentler pace across 3 years.

When ready to embark towards your Highest Potential, email CoachCarrie@Lbinc.co