

LIGHTBEARERS

“Illuminate your Subconscious, Elevate your Leadership”

Every organization can benefit from their leaders becoming bigger, better, faster, more. How can we achieve this at the same time not suffer burn-out?

Welcome to breakthrough techniques backed by neuroscience from Lightbearers. Transform your leadership and outcomes with the power of AWARENESS, CHOICE-MAKING and MINDFULNESS facilitated by Self-work & Transformation Coach [Carrie Tan](#).

Sign up for [Leadership Elevation Clinics with Coach Carrie](#) to offer your valued talents and leaders as a staff benefit.

- Free your leaders from unconscious hang-ups that take energy and time away from you and your purpose.
- Upgrade from “doing” to “being” and achieve better results in management and relationships with less energy and time.
- Discover new possibilities in management and leadership by breaking through unconscious limiting beliefs and uncover the keys to successful culture shift in your operating environments.

Leaders and high potential talent from your organization can book a slot with Coach Carrie to get transformative insights to help them

- regain clarity, perspective and energy
- improve an interpersonal or leadership situation
- discover blind spots that have been compromising performance

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Your leaders will liaise directly with Lightbearers to book their slots and make their co-payment.

Contact CoachCarrie@Lbinc.co for clinic package options and her availability in 2025.

Coach Carrie Bio



Transformative coach and healer, change-maker, entrepreneur, culture-shifter as well as Member of Parliament in Singapore.

A healing coach to master and ICF-certified coaches, performance coaches, influencers, venture capitalists, public sector leaders, change-makers and entrepreneurs, Carrie has effected positive transformation in individuals, teams and organizations, connecting thousands of people to meaning, purpose and growth.

In Nov 2015, Carrie was selected from amongst 500 young leaders in the region from the Young Southeast Asian Leaders Initiative to introduce President Obama at Town Hall in Kuala Lumpur. In 2016, she was mentioned and quoted by President Obama in the White House, and awarded Honoree for the Children, World Peace and Human Rights category in the Ten Outstanding Young Persons Award by Junior Chambers International in Singapore.

For her humanitarian service, Carrie founded two charitable organizations in Singapore enabling individuals towards social mobility. Carrie is a Member of Parliament in Singapore since 2020. She champions women's development, mental wellness, social mobility and community care as sustainability. She speaks, writes, coaches and trains on self-awareness, self-leadership, authentic communication, emotional awareness, inner mastery, and contributes regularly at leadership, philanthropy and policy conferences.

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Her transformation practice – “Lightbearers” brings light, learning and breakthrough performance to individuals, communities and systems. She uses Compassionate Inquiry, mindfulness, somatic and intuitive practices to connect individuals with their inner awareness. Her clients come from various religions and cultures, and many have discovered a deeper connection to peace, wisdom and fulfilment through their self-work journeys with Carrie.